



# 2025 SPRING I SCHEDULE

March 3 to April 19



## Lil Dragons Karate Classes

Lil'est Dragons (Ages 4 to 5) (Class limit of 10 students per class)	Saturdays	8:30am to 9:00am
Lil Dragons (Ages 5 to 6) (Class limit of 15 students per class)	Saturdays	9:00am to 9:30am 9:45am to 10:15am

## Beginner Karate Classes

(Ages 6 to 17)

White Belt Beginners (Attend two classes per week)	Mondays, Fridays, or Saturdays	3:40pm to 4:30pm 10:30am to 11:20am
White Belt 1 & 2 Stripes	Tuesdays & Thursdays	3:40pm to 4:30pm
Yellow & Orange Belts	Mondays & Fridays	4:40pm to 5:30pm

## Intermediate & Higher Belt Karate Classes

(Ages 7 and older)

Green and Blue Belts	Tuesdays & Thursdays	4:40pm to 5:30pm
Brown and Black Belts	Tuesdays & Thursdays	5:40pm to 6:30pm

## Teen & Adult Karate Classes

(Ages 13 and older)

## Extra Karate Classes

Bo Class (Orange Belts & Higher)	Wednesdays	3:45pm to 4:35pm
Tournament Team (Invitation only)	Wednesdays	4:45pm to 5:35pm

## Other Martial Arts Classes

(Ages 9 and older)

Jiu Jitsu Class	Mondays & Thursdays	6:30pm to 7:30pm
Capoeira Class	Tuesday	6:30pm to 7:15pm



Visit our website at  
[www.clubnahakaratedo.com](http://www.clubnahakaratedo.com)



**BELONG BELIEVE ACHIEVE**

## Spring I Registration Dates

Registration for AYCC Members or  
Enrolled in the program  
begins on February 17  
Open Registration begins on February 24

## MARTIAL ART CLASS FEES

(All fees are for a seven week session)  
(Classes with an enrollment less than three will be canceled for the session)  
(Ask our welcome desk about our different membership options)

Class	Member Fee	Member Fee For Additional Household Member	Non-Member Fee
Lil Dragons/Capoeira	\$75.00	\$65.00	\$90.00
Youth Karate/Jujitsu	\$105.00	\$95.00	\$120.00
Teen Karate/Jujitsu	Free* (See Below)		\$120.00
Adult Karate/Jujitsu	Free** (See Below)		\$120.00
Teen Capoeira	Free* (See Below)		\$90.00
Adult Capoeira	Free** (See Below)		\$90.00

\*Teen Karate, Capoeira, & Jujitsu with a Teen or Family Membership  
\*\*Adult Karate, Intermediate & Higher Karate, Capoeira, & Jujitsu with an Adult, Senior, or Family Membership

Financial assistance is available!

### Club Naha Karate-Do U.S.A.

Boys & Girls Clubs and YMCA of Greater Waterville  
at the **Alfond Youth & Community Center**  
126 North Street, Waterville, Maine 04901  
P: 207.873.0684 F: 207.861.8016 [ClubAYCC.org](http://ClubAYCC.org)

